Principal’s News

**MIPs Meetings**

Over the past weeks the students and their parents/carers have discussed the Managed Individual Plans with staff. I’m sure all parties benefit greatly from these meetings and to achieve the best outcomes it is important that we plan together. If you have not been able to have these discussions to date we will be in touch early term 2.

**School Council**

Thank you to those parents who nominated for School Council, as we had the correct number positions were declared at the Annual General Meeting on Tuesday 15th March. We are most appreciative of time and expertise that parents and members of the community give to our school, often over many years. Please see page 3 for the list of Council Members.

**Principal’s Conference**

During the month, I attended the Inner South Region Principal’s Conference—Reimagining Education, an intensive and very rewarding experience.

The three main points for building resilience covered were Gratitude, Mindfulness and Empathy. We will be working within the classroom and with the wonderful Janet Etty-Leal again next term with our mindfulness workshops.

**Past News**

I love hearing about our past students and what they have achieved since graduating Montague. We have had a number of visitors since the start of term, but one story in particular stood out, Sara Molloy. Please see the article on page 2.

One of the main topics the conference focused on was building resilience within our children. It is a theme we have embraced whole-heartedly at Montague, and it was reassuring to see the number of schools working towards building resilient communities.

**Fitness**

No doubt you are aware we are on a ‘fitness campaign’ here at Montague with a number of students and staff starting serious training with the goal to meet their Duke of Ed requirements.

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Sara Molloy is a past student from Montague. She left us in 2007. We are very excited that she has just been selected for the Australian Team, competing in the Special Olympic Winter Games in Graz, Austria 2017 in Alpine Skiing! What an achievement!

Sara is working on improving her fitness levels—both physically and mentally to prepare for the Games. She also has to prepare financially needing to raise $8,500 to cover her flights, accommodation, uniform, support teams etc.

If you would like to help, please access Sara’s page via http://www.specialolympics.com.au/teamaustralia2017/team

Scroll down and click on Sara Molloy. She is accepting all donations, large and small to help bring her dream to reality.

The 2017 Special Olympics open on 18th March 2017, with competitions running from 19-23 March. Team Australia consists of just 12 athletes in total (10 skiers and 2 snow-boarders), and Montague is very proud of Sara’s inclusion in Team Australia.

“Special Olympics Australia has given me opportunities to participate in sports, which doesn’t always happen after leaving school. It has given me incentive to keep my fitness levels up. It has given me the opportunity to meet lots of friends and have interesting things to do on the weekend.” Sara Molloy, Special Olympics Website

Welcome Nikki
There’s a lovely new face at Montague. We would like to welcome Nikki. She will be joining us on Monday’s and she has a real love of cooking. She was working well with Kai this week baking Easter cookies.

School Council
We have a wonderful school council, offering support and advice on a wide range of school issues and decisions. We are pleased to advise the wider community of our election results: Chris Belden has been unanimously re-elected as School Council President, with Luisa Di Genova as Vice President.

Paul Frawley continues as Treasurer and Julie Perkins accepted the role of Secretary.

We welcome our newest parent member Megan Dodd, joining Michael Howes, Mark Pearson, Gill Meek, Sotiria Hatzi and Leo King to form our full compliment.

Our next Council meeting is scheduled for Tuesday 19th April at 6pm

What’s in a Name?
School Council approved to start the process of making changes to Montague Continuing Education Centre that reflect that we are a school catering for students from Year 7 with special needs who are not suited to attend mainstream schools.

We have been discussing this with the students in class, and encourage you to discuss during the holidays how they would like Montague to be represented.
What a great first term it has been for our Bronze and Silver Duke groups.

The Bronze group have been working well as a team to reach their goals. Our physical recreation classes have been challenging but rewarding as we build strength and focus through archery at Moorabbin and cardio fitness through interval training at Albert Park. We are getting to know our way around the parts of a bike thanks to the expert instruction of visiting volunteer Hanyang and are practicing our mindfulness skills with Janet. In community service we have enjoyed making toys and collecting newspapers to donate to The Lost Dogs Home, with our visit to the home to see the dogs and cats in week six being a highlight of the term.

Our Silver Duke students are off to a great start having carefully considered their personal goals for the year. In the Skill section of the award we now have students taking on the challenge to improve their circus or cooking skills. Swimming, cycling and gym exercises have become a regular part of our schedule for physical recreation. Some students have participated in the Open Family cooking program for their community service and we have had great reports from the Chatterbox Bus who distribute our baked goods to young homeless people in the Port Phillip community.

I encourage families to keep up-to-date with the Duke program by asking students about their weekly involvement. Attaining a Duke of Edinburgh Award is a big achievement and requires active and sustained participation in 2016. Overall, I am thoroughly enjoying the opportunity I have to work with such a wonderful group of students at Montague.

Ella Holmes  
Duke of Edinburgh Coordinator

Help us help out!

The Bronze Duke group are collecting cardboard rolls so we can continue to make enrichment toys for The Lost Dogs Home in term 2. Cardboard rolls (no toilet rolls please) can be left in the box outside the school office.
Challenge yourself
Jak
Getting through my SBAT
Was a challenge for me.
I was nervous at first
Then I made new friends.
And had cool teachers there
To help me out.
Through the year
I got to the point when
I did not think it was hard anymore.
And to the point that
I just did not care anymore
And got on with it and enjoyed it.

MY POEM
Josh P

Jazzy on the dance floor.
Odd at stuff.
Slow at coming to school.
Hellish at a party.

Party all the time.
Radical at cooking.
You should stay home, no school.
Dress to impress.
Driving a Holden v6.
Excellent at making art.
Rude to anyone.
Cheeky smile to everyone.
Happy to see mum.

The Beatles
Kailup

What member of the Beatles is still alive?
Ringo Starr.
What was there first song?
Love me do.
What was the Beatles most popular song?
Yellow submarine.
What more can I tell you?
Well you just have to wait.

Repairing a flat tyre.
Nicholas Di

Unscrew tyre quick.
Release gently.
Release the breaks.
Unlatch the chain.
Remove the wheel.
Deflate the Tyre.
Use two tyre lavers.
Remove one side of the tyre,
Starting from the side
Opposite to the Valve.

Remove the tyre gentry.
Find the puncture
Listen and look.
Use the scratchy tool.
Make the area around the puncher rough,
By sanding it a little.
Same size as your patch.
Cover the area around the hole,
With rubber cement.
Wait until it becomes tacky.

Place the patch goner on the hole.
Press firmly.
Wait two minutes for glue to set.
Put tube back into the tyre.
Valve in first.
Place tyre back under the rim.
Place the wheel back into the fame.
Lighten the quick release
Making surety chain is in place.
Squeeze dive braces.

Latch them back in.
Pump up the tyre.
Check everything is it working order
Before riding away
Into the sunset.
Make sure you have a helmet.
Follow the road rules.
Watch for cars.
Birds swooping.
People walking by.
MAKE A CHANGE!

A few years back I was lost. I was frustrated. Unsure. Anxious. Trapped. I didn’t want to go to school but I didn’t want to be at home. I didn’t have a clue what I wanted to do with my life. I thought it was the end, that I couldn’t do it anymore.

One morning I woke up and decided to change myself but I didn’t know where to start. I spent my days wishing that things would change—that I could escape the life my soul could no longer bare.

The worst part of it all was I was living a life that everybody else told me to live. “Be like this, be like that. Do this. Do that”. I didn’t want to live like that anymore.

“Discover who you truly are and fully give every aspect of your uniqueness to the world. This is your path to an extraordinary life.”

And that’s what I did. I found myself. I found the good in myself, in school, just life in general.

I could have fixed myself a long time ago, I spent all my days telling myself I wasn’t good enough, surrounding myself with the wrong people but now it’s all positive.

This life I live now, I have people that care about me, encourage me to do this, live my life to the fullest. Support me in every which way and these are the people I need.

If you feel like the people you hang round with are bad influences and are not helping you get where you want in life you should let, go. Go out, make new friends and have people that care about you around you.

If you feel down, trapped, lost, tell someone before it’s too late because life is such a beautiful thing and once you learn to appreciate it you won’t look back.

My life has changed dramatically and I am such a better person.

“Don’t let anyone hold you back. Do what you need to, too make yourself the person you want to be.”

Mackenzie
Olivia

Term one

Programmes that I have been involved with in literacy are reading the Grimstones and writing the writing poems.

The work I have completed in Numeracy includes Open family cooking and cafe Numeracy. I used a calculator to work out the cost of food and drinks. In open family I measure the ingredient and double the ingredients.

The best Montague day this term was swimming at MSAC for duke. It was fun because I like swimming and I did 10 laps.

21/03/2016

JOSHUA PRYDDERCH

Term one

The best day this term was when I saw the dogs in the cages at the lost dogs home.

In term two I want to do more cooking.

Newsletter

By Harrison F.

This is me doing archery for the first time. I liked it. This is for my Duke of Ed.

This is me getting my first photo tool by my teacher.

This is me and Scott walking at Albert Park.

This is me doing maths. I’m learning about time at the moment. Next term I am learning about money.

This is me doing archery with my class. I had to design archery in my classroom then time it to see how fast I could do the track.
Congratulations Nick DG! An excellent result swimming in the Special Olympics Squad Competitions in Echuca. We are very proud of your efforts!!

My Wednesdays are always interesting. I am doing my VCAA this year with all the boys. Every week we do Literacy, Numeracy and Work Related Skills.

At the start of this year I did some work for Fun and Destiny Mackenzie with batons.

Oh, I can’t forget the scarves we made for the scarves festival. Every year there is a new theme for the scarves that you have to create. This year it was ‘Arts and Imagination’.

In term 2 I am looking forward to do school sports on Fridays so I can go to my VCAL work done on Wednesdays.

My favourite day of term 1 was when Elle took me and some others out to go look at some social enterprises.

One of my programs for 2016 is to do my Silver Duke Award.

There are many parts to get the award for my award is Physical Development and Skill.

For Physical Development we do three things, Swimming, bike riding and gym.

For my skill, I have to do cooking, which is my most difficult and will be graded. I can enter it into the National show, and I’m going to do that.

In literacy and numeracy I have done reflections of the warehousing course. I’ve also done projects on the internet about finding information about people.

I am looking forward to doing circus because it is fun and I like learning new skills.

Congratulations Nick DG! An excellent result swimming in the Special Olympics Squad Competitions in Echuca. We are very proud of your efforts!!

What an excellent time was had. During this term I was part of interschool sports. The competition was basketball. Every Friday we went to Bendigo by bus at medium to play against a variety of teams.

This term for my Literacy and Numeracy I have been doing newsletters and a chance Mathematics work book.

My next day at Montague was when I got my first $10 in红包.

Here’s a photo of me after I got my first $10.

Kailup B term 1

A program that Funky Fish developed in the Year 9 block was a H2O year and I thought it was really interesting for a girl.

My best Montague day was when we had the finals in basketball. Because we won 2 games and lost one and because it was challenging.

I’ve been in a variety of activities this term like archery, helping the bus drivers, walking at the park and bike maintenance.

I am leaning forwards to next year because we will be doing more excursion.

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First Aid Training

We will be doing first aid training in term 2 at school.

The training includes:
- CPR/Defibrillators
- Wounds
- Fractures
- Bandaging

All participants will receive a certificate.

21st April 9:30am-1pm and
5th May 9:30am-1pm