Montague Continuing Education Centre

NEWSLETTER 25<sup>th</sup> March, 2013

Enjoy a safe, active and healthy holiday

Dates for your Diary

Monday, 15<sup>th</sup> April
Thursday 25<sup>th</sup> April
Term 2 starts
Anzac Day

Principal's Report

As we come to the end of Term 1, I reflect on the number of changes and challenges we have all faced this year, however the wonderful students we have enrolled at Montague are a credit and so inspiring with their positive attitudes and desire to learn.

As stated in our school strategic plan the values which underpin all actions of the whole school community are:

- The belief that every student has the right and the capacity to integrate fully into their community
- The belief that every member of the school community is valued and respected
- The belief that all members of the school community should work as a harmonious team

Further the students collaboratively have defined goals and modes of conduct:

- We celebrate each other’s differences
- We are positive, enthusiastic and show joy
- We treat each other with respect

VET

During first term a number of students have commenced their VET Certificate units.

- 6 students attending Building Studies at Holmesglen TAFE each Wednesday
- 4 students doing Hairdressing each Thursday
- 10 students, Soturia and Cathy completed Food Handlers Certificate
- 2 students doing Automotive
- 3 students doing Barista course
Next term 12 students will be doing a variety of VET units each Friday at Kangan TAFE, most students will come to Montague as normal and staff will transport and accompany/support students at Kangan and return to Montague by 3pm. As the students become accustomed to the routine we do encourage them to travel independently at least home. Other Individual students are continuing their School Based Traineeships. Each student is required to pay $350 towards the cost of participating in these certificates. As this is a set cost, invoices were issued, to date only 7 students have made payments.

**School Council**
At the AGM last Wednesday Chris Belden was elected as our new school council president, thank you Chris.
I would like to acknowledge and give thanks to Peter Molloy who has been the School Council President since 2007. Peter has given dedicated service always in a professional manner to our community and has been a wonderful support to me. Fortunately for us Peter will continue on council as Treasurer.

**SCHOOL COUNCIL MEMBERS 2013**
Chris Belden (President)
Natalie Staton (Vice President)
Peter Molloy (Treasurer)
Paul Frawley
Tracey Christian
Houda Merhi
Julie Langford
Gill Meek

**Students Contributions**
Once again students have contributed to our newsletter. Students take great joy and pride in sharing their experiences, so I do hope you gain much from their insights.

Enjoy Easter and the break

Geri
Behind The Crystal Blue eyes

Every smile has its seasons,
Every tear has a lesson,
Tomorrow is a promise that might never come,
Treat your stress like a bra get it off your chest,
Why hold a grudge when you can hold an angel?
When they come what will be your story?
When it's all said and done I'm not going to be the one you can always run too.
Don't lie; your face is like a high five getting ready for another one,
wishing you can wind the clock back before it got to deep to find yourself running from your own lies and words that you told.
I don't understand how someone can lie so much as a shrew when I look into your eyes,
Should I let you turn around?
Let your feet hit the ground ready to runaway?
Or should I hold you down to let you see for yourself behind your blues eyes what you really look like in my eyes?
That is fraud,
Every face has its lies and truths, it's the ones we choose which one we say to others....

Dear Geri

I would like to put this in the school news paper. Thank you.

From Sarah Conte

MSAC Sporty All Stars

When: Saturdays during school terms from 2pm to 4pm
Where: Melbourne Sports and Aquatic Centre, Aughtie Drive, Albert Park
Age: 15 to 55 years
Cost: $8.50 per week
Contact: Jeff Toomey at MSAC 9926 1547

Cheers
David Connolly
Physical education plays a vital role at Montague. It teaches students about healthy eating, positive attitudes, health and wellbeing. This term students chose to complete personal training sessions at St Kilda P.C.Y.C. Students wanted to focus on boxing and strength training. Every Thursday afternoon they meet with their personal trainer Nick. Nick talks to them about boxing techniques, muscle groups, keeping the body moving and how to keep them fit.

This week was boxing/boxercise. Students had a quick warm up of basketball before entering the gym and completing their routines. Students did skipping at different speeds for different lengths of time.

After skipping was boxing and the students outdone themselves by showing that hard work can pay off. Nick was very impressed with all students commitment to this session. He cannot wait for next week's class.
On Sunday the 24th of March, I participate in the ‘Run for the Kids’ 5.5km run. Only 35,000 Victorians were allowed to take part in the event. Everyone raised a record 2 Million dollars for the Royal Children’s Hospital Good Friday Appeal. My time for the run was 35:58 minutes. Next year I will run in the 14km, I will proud of my efforts in the run and I hope I can do it again next year. The Royal Children Hospital Good Friday Appeal is going to be one of my charities that I will keep raising money for.

Jayden Bell
This year I am working towards getting a job. Claire at Uniting Care Prahran Mission will help me get a job. I go to the office every Friday and we talk about jobs and skills I have. We are looking at hospitality maybe in MacDonald’s near my house. They are looking and will help me get work there. I want to work in Myer. I will talk to her tomorrow about this.

I like working in the kitchen and would like a job working in one. They help me write a resume and Claire calls the workplace to organise interviews for me.

I went to an interview at MacDonald. John from Prahran Mission came with me. I only talked with the Manager who was telling us rules. They include;

- No nail polish
- No make up
- No ear rings
- No chewing gum
- No phone

and other things. They said they would give me a call to arrange a time for a full interview. I hope I can get a job soon. Everyone is helping me. I even come to school every day because Gerri tells me to. She’s nice to me and a good teacher. I can’t lie to Gerri about my mobile phone. I also want to get my L’s so I can drive.

When am I finishing school, I want to finish before December so I can go to Ethiopia to see my grandparents and relatives.
BOY WAS IT LAST WEEK.

Last week when it was hot I stayed at home all weeks. It was so hot. I cleaned the house and went with mum to an appointment. Mum is going to have to take out a tooth and so am I. Mum is going to look after children at home. She’s trying to get her working with children’s certificate. I went with her this morning.

Mum looks after my sister’s children better than their mum. Their mum can’t look after two of them and she’s is going to have another one. Mum gives them milk, makes them food and takes them to the park. They stay over in the spare bedroom Rachel is three and Moreno is one today.

I have ordered a special chocolate birthday cake for her we are giving her a surprise birthday party. Her mum is pregnant and we are doing it. When they come over they play with my phone. They listen to music and dance and play hide seek and other games. I sometime have to change their nappies. They come to my room jump on my bed and wake me up. I tell them to go away. I’m glad they don’t stay over all the time.

By Birhana M
SPIN CHAT

I wrote an e-mail to Spin Chat and they contacted me about Selena coming to speak to our circle. I was bit nerves because there was a lot of traffic and I was late on the day.

Her injuries were really bad I could relate to her hospital stay and tubes and helplessness.

She had spinal cord injury after crashing with a car and falling off her motorbike. She is in a wheelchair for life. She wants her old life back

KATE
TAFE

CABINET MAKING

What a fantastic start to this term with students that attend Holmesglen Tafe. Students have made a wonderful effort by getting to class on time at 8am each Wednesday. This week students have completed their OH&S training and have made their way to workshops to work on their first creation, a Chinese puzzle.

Students were told to practise their skills by grabbing a plank of wood and using a square ruler, pencil and measuring tape to create the pieces that they need to make the puzzle. Rob (cabinet making teacher) was impressed with all of the students enthusiasm, hands on learning and not afraid to ask for help.

Cody's ability to map out his puzzle pieces on the plank of wood was amazing to watch. He did not make a mistake and was very proud of this achievement.

Jono had first had trouble with the tasks. With Rob's assistance, Jono understood what he needed to do. With perseverance he was able to complete the task on time.

Pieces students started to make in class.

The finished product.
Sam took to this task like a fish to water. Sam made Montague proud when he discovered he made a mistake and took the correct steps to fix it without asking for help. Sam completed this week's tasks with plenty of time to spare. Sam spent the rest of his time going over the different types of joints in his workbook.

Jalal used the rule "measure twice, rule once". He double check his work before marking his wood for his puzzle. With Jalal creating a rough draft first of what was expected from him gave him a wonderful result with the pieces to his puzzle.

Lyndal used her knowledge in OH&S and made sure that all the equipment she had was up to standard before she started her work. After completing her rough draft Lyndal went to work on her puzzle box. Lyndal's hands on skills have served her well in this task. Her pieces looked amazing and impressed her teachers.

Stephen has shown a wonderful work ethic when it came to making his box. His hands on skills have made his quality of work one of the best in the class.

Within the next few weeks students will be able to present their work at circle meetings. Students have enjoyed this class and cannot wait for next week's lessons.

Lee Russell.
I got the cake there or time.
Chocolate mud cake with pink icing
It was a great surprise.
She’s was so cute.

She cried as there where so many people there.
She’s blew out the candles.
Her god mother helped.
Her parents said thank you.

The cake had picture on it
And lots of pink roses.
She looked so pretty,
All dressed in pink.

She’s is so adorable and I
Love her so much.
This where the wind blew
For me, last weeks.
MONDAY’S CIRCLE

On Monday the 4th of March Selena from Spin Chat Independence Australia visited Montague to talk to students. She spoke to us about her life before the accident. She enjoys horse riding, music and backpacked in the UK. She went to university and she joined the circus and trained horses.

She doesn’t remember how she had the accident. Her passion was motor bikes and riding. She lived in the country. She’s back to riding a modified motor bike even though she’s in a wheelchair.

She drives a car and uses hand controls. Going to the toilet is hard for her and getting ready in the morning takes a long time.

She is happy with her life but misses her old life at the same time. She had to stay in the rehab centre for a very long time and she had to wait for her arm to get better before starting rehab so she talked to a lot of people about their accident.

JALAL
Selena come to Montague to talk about how she had a motor bike accident that made her end up in a wheelchair. The accident broke her back and also injured her spinal cord.

She likes music and plays the piano, guitar and listens to a wide range of music. She likes motorbikes. I think they are hot and sexy and cute. But I’m scared to get on.

*Khush*

**SELENA BIKE ACCIDENT**

Selena couldn’t remember the accident when she woke up four days after the accident. She was told by the doctors she was paralysed and she would be in a wheelchair for the rest of her life.

For a long time she couldn’t take it in. She was depressed and angry and she took a long time to get her life back on track. She was determined to get on with life.

She is glad she is able to have kids. And do some things she used to do. She got married and started riding again on a modified bike.

*By Elly Sunday*

**SELENE’S STORY**

Selena spent a lot of time thinking about the accident and how it happened. She had the accident on the Block Spur. The road is dangerous because it is very narrow and steep and cars come racing round corners and bends.

She has a in a titanium wheel chair. Her bike was yellow until it was a total write off. It was smashed and in pieces. The engine was perfectly fine.

*STEPHEN*